



# Alegría

LOCALLY-GROWN,  
NATURALLY! **FRESH**

BEAUTIFUL SALAD GREENS // HIGHLY NUTRITIOUS  
SAME-DAY HARVEST // CLEAN & NATURAL // PESTICIDE FREE  
TAILORED TO YOUR PALATE // GREAT TASTE  
DELIVERED TO YOUR DOOR!

*You Are Cordially Invited*

## Bluewater Grill and Alegría Fresh Host Locally Grown Healing Foods Dinner

Experience a sumptuous five-course dinner celebration featuring sustainable seafood from Bluewater Grill and greens from Alegría Fresh. Pre-dinner juice reception to meet the chefs and farmer will include gourmet raw vegan appetizers. Wine pairings by **Tolosa Winery** of Paso Robles, Calif., featuring organic wines crafted at its solar-powered facility.

Price including food and wine pairings and gratuity is \$75.  
Advance ticket purchase is required. Space is limited.

### Locally Grown Healing Foods Dinner

Thursday, March 7, 2013, at 7pm

Bluewater Grill at The District at Tustin Legacy

Reserve Your Seat at [www.AlegríaFresh.com/healingfoodsdinner.html](http://www.AlegríaFresh.com/healingfoodsdinner.html)



SEAFOOD RESTAURANT



### Juice Reception

*Alegría Fresh Executive Chefs Jessica McLeish  
and Yolande Smith*

*Bluewater Grill Executive Chef Brian Hirsty*

*Bluewater Grill Co-founder Jim Ulcickas*

*Alegría Fresh Founder Erik Cutter*

Purple Cabbage Juice

Raw Vegan Cheddar Nut "Cheese" Bites

### Dinner Menu

Featuring Wines from Tolosa Winery  
in Edna Valley, San Luis Obispo

### Starter

Raw Vegan Collard Wrap with  
Macadamia "Mayonnaise"

Collard, Beet and Carrot Wrap  
with Smoked Wild Salmon

Tolosa 2011 No Oak Chard

### Soup

Sweet Potato Coconut Milk Soup with Locally  
Farmed Carlsbad Aquafarm Black Mussels

### Salad

Alegría Garden Basket Salad, creamy pimento  
olive & cashew dressing with wild sustainable  
Baja Bay Scallop Crouton

Tolosa 2010 Estate Chardonnay

### Entrée

Wild Halibut & Portobello Pesto Stack

Tolosa Estate Pinot Noir 2010

### Dessert

Raw Vegan Apple Cheesecake



# Alegría FARM

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